

#LightUp4PANS



# World PANS PANDAS Awareness Day

**Wednesday  
Oct. 9, 2024**

**PANS | Pediatric Acute-onset Neuropsychiatric Syndrome**

**PANDAS | Pediatric Autoimmune Neuropsychiatric  
Disorder Associated with Streptococcal Infections**

Misdirected immune response attacking the brain's basal ganglia, which regulate behavior, emotions, and motor control. This response can be triggered by infections, environmental factors, or stress.

**Sudden (sometimes gradual) onset of symptoms include...**

sudden-acute onset OCD | motor & vocal tics | restrictive eating | anxiety attacks | behavioural regression | emotional lability | depression | suicidal ideation | joint pain | irritability | rage attacks | oppositional behaviour hyperactivity | sleep disturbance | fatigue | mood swings | urinary problems dramatic personality changes | psychosis | emotional lability | motor & sensory sensitivity | oppositional defiance | brain fog

learn more at [www.inflamedbrain.org](http://www.inflamedbrain.org)

