

Pediatric Autoimmune Neuropsychiatric Disorders

PANS Pediatric Acute-onset Neuropsychiatric Syndrome

PANDAS Pediatric Autoimmune Neuropsychiatric Disorder Associated w/ Strep



World PANS PANDAS Awareness Day #LightUp4PANS

Friday, October 9, 2026

Misdirected immune responses attacking the basal ganglia of the brain, thought to be triggered by infections, metabolic disturbances and other inflammatory reactions.

Sudden Symptoms (sometimes gradual)

sudden-acute onset OCD | motor & vocal tics | restrictive eating | anxiety attacks | behavioural regression | emotional lability | depression | suicidal ideation | joint pain | irritability | rage attacks | oppositional behaviour hyperactivity | sleep disturbance | fatigue | mood swings | urinary problems dramatic personality changes | psychosis | emotional lability motor & sensory sensitivity | oppositional defiance | brain fog

learn more at
www.inflamedbrain.org

Canadian Charity N° 798185542RR0001

